

# NEWSLETTER

TERM 3 WEEK 3  
All Saints Catholic Primary School

## FROM THE PRINCIPAL NICK WRIGHT



Dear Parents/caregivers,

### **Welcome to All Saints**

It has been a busy few weeks, as we have started the term with classes enjoying their new spaces, especially the Year 5 and 6 cohorts as they settle into life on the Oval. Learning has begun and the children are also getting ready for their first excursions and camps of the year. With the fact we are celebrating 30 years of All Saints, we are in for a full and fun packed year.

### **Shrove Tuesday and Ash Wednesday**

As tradition in the Catholic Church, we celebrated two significant parts of the Liturgical year this week. On Tuesday, to begin the journey into Lent, we celebrated Shrove Tuesday. The children were served a delicious pancake by members of the P&F and Mr Goldfinch, who we thank for all their hard work in preparing for this. On Wednesday we celebrated Mass for Years 3-6 and a Liturgy in the Courtyard with the children from Reception-Year 2. These celebrations signify the beginning of the 40 days of Lent. A time where we prepare for the crucifixion and rising from the dead of Jesus. We also launched this year's Project Compassion campaign. More information can be read below from Mrs Crowe.

### **AGM**

On Wednesday night I presented our school report at the AGM for 2023. We achieved a lot during 2023 and will continue to work hard during 2024 to further improve all areas for our whole community. I thank and welcome Carly Cox, Matt Thomas, Michelle Davidson and Damien Mader for their nominations and election to the School Board over the next 2 years. I look forward to working with them along with our two current parent representatives Mark Gagliardi and Marjorie Basnight.

### **Welcome Assembly**

On Thursday morning, it gave me great pleasure to welcome 46 new Reception children, 30 new children from Years 1-6 and also 9 new staff members. We are truly blessed to have these new children, staff and the children's families join our wonderful community of All Saints. At the assembly we also presented and congratulated the new members of the Children's Representative Council (CRC) for 2024. The children were chosen as their class representatives to be the voice of the children and help shape some aspects of school life. We look forward to their work on the council over the next year.

### **Attendance**

Attendance at All Saints is very important for the development of children - academically, socially and spiritually. We understand that there are occasions when students are unwell or have medical appointments, so we ask that the school is notified should your child be away. This also includes if children are away during term time on holiday. Please can we ask that absence is communicated before 9am to the Front Office either by phone call on 8327 0020 or via text on 0418 117 541 on the morning of your child's absence.

Please provide the following details:

- Child's name
- Reason for absence/early departure/late arrival
- Child's classroom teacher

Your support in this is appreciated.

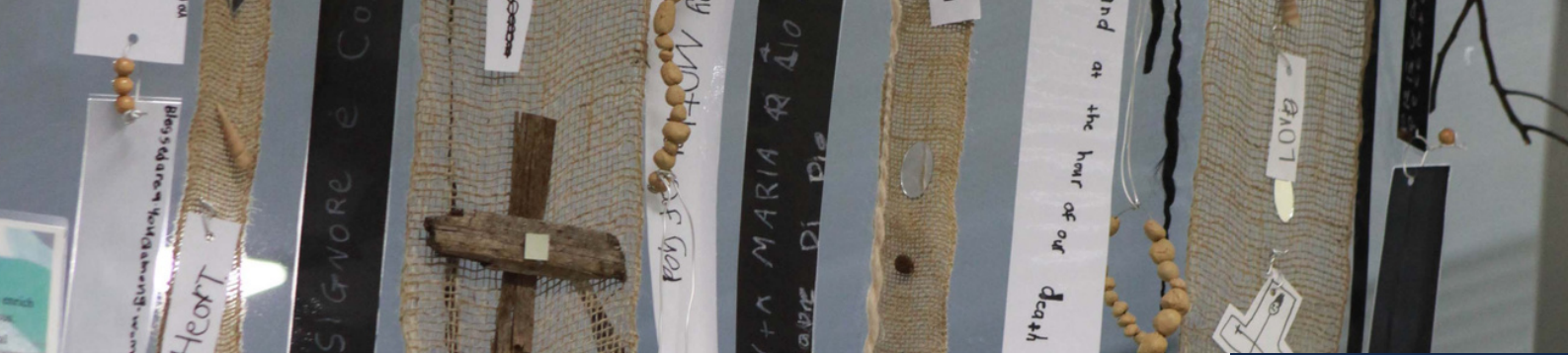
A reminder that school starts at 8:45am and concludes at 3:05pm.

### **Welcome Mass**

Next week we will celebrate our Welcome Mass. We look forward to seeing you all there.

Have a great week everyone.





# FROM THE APRIM STEPHANIE CROWE

**Lent**  
This week, we began preparing for our Lenten journey by celebrating Shrove Tuesday. This follows the tradition where people used up all the fats in the house that they would go without until Easter. Thank you to P&F, who kindly made pancakes for the children.

On Wednesday, we began the season of Lent with Ash Wednesday and the blessing and distribution of the ashes. The children from Years 3–6 celebrated Mass with the SCC community, while the Reception to Year 2 children celebrated a liturgy in the courtyard.

For the next six weeks, we are given a special opportunity to grow in our relationship with God, to reflect upon our lives, what we have done and failed to do, to pray more deeply, and to be generous to those in need. We pray that the Spirit will dwell within us as we strive to deepen our commitment to a way of life modeled by Jesus.

One way we can be more generous is by donating to Project Compassion. Project Compassion 2024 reminds us that the good that we do today will extend and impact the lives of generations to come. Together, we can help vulnerable communities face their challenges today and build a better tomorrow for all future generations. You can donate through Project Compassion donation boxes in the front office or classroom, or by visiting [caritas.org.au/projectcompassion](http://caritas.org.au/projectcompassion).



## Sacramental Program 2024

The Sacramental program will begin Week 1 Term 2. Please email [scrowe@allsaints.catholic.edu.au](mailto:scrowe@allsaints.catholic.edu.au) for an enrolment form.

If you are interested in having your child Baptised, please contact Noarlunga/Seaford Parish as soon as possible on 8382 1717.

**Whole School Mass**  
February 21  
9:15am in the Hall.

2024 Sacramental Program – All Saints Catholic Primary School			
Sacramental Parent Meeting	1.5.24	6pm	St Luke's Church
Reconciliation workshops	8.5.24	5:30-6:30	All Saints Staffroom
	15.5.24		
	22.5.24		
<b>Reconciliation (1<sup>st</sup>)</b>	<b>29.5.24</b>	<b>5pm</b>	<b>St Luke's Church</b>
Confirmation workshops	5.6.24	5:30-6:30	All Saints Staffroom
	12.6.24		
	Rest week		
First Communion Workshop	26.6.24	5:30-6:30	All Saints Staffroom
	3.7.24		
School Holidays			
Recap of Workshops	24.7.24	5:30-6:30	All Saints Staffroom
<b>Reconciliation (2<sup>nd</sup>)</b>	<b>31.7.24</b>	<b>5pm</b>	<b>St Luke's Church</b>
Confirmation Practice	5.8.24 Monday	5.30pm	St Luke's Church
Confirmation	6.8.24 or 8.8.24 Tuesday or Thursday	7pm	St Luke's Church
First Communion	11.8.24	9am	St Luke's Church



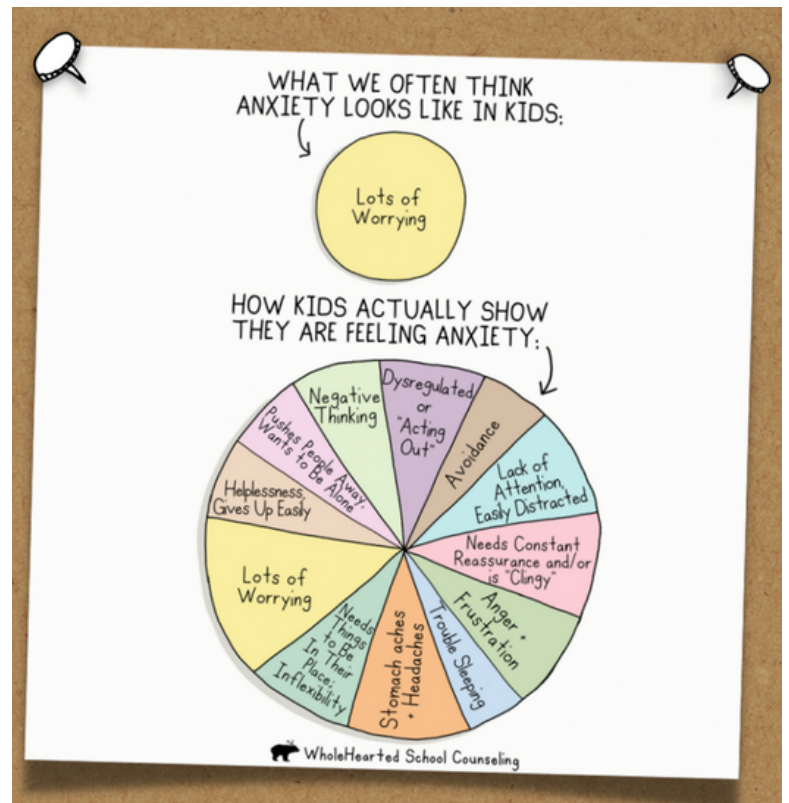
## FROM THE SCHOOL COUNSELLOR CARLY BEST

Starting a new school year can be exciting for some students but can cause a lot of worry and stress for others, this is especially true of kids who are starting a new school or are already anxious about being away from their parents. This feeling of worry and anxiety does fade for a lot of students as the school year goes on but anxiety among children is extremely common and affects almost all children, to varying degrees. We can all sometimes feel unmotivated and not want to go to work and young people too experience these normal feelings.

### What can you do?

- Acknowledge your child's anxious feelings and thoughts (if possible) and let them know that most children feel anxious sometimes.
- Continue to positively talk about what they like about school and despite feeling anxious about attending, attendance is key to minimise these feelings of anxiousness, as avoidance makes anxiety continue and get worse, rather than go away.

- Praise them for attendance and talk about how they managed it.
- Help them learn, and support them to use calming strategies that will reduce the impact of anxiety on their day, such as taking some deep breaths.



Sometimes you may need additional assistance to support your child. Please discuss your concerns with relevant teachers, Leadership or myself so additional support can be put in place.

As a parent, there is an opportunity to learn more with a free program called the BRAVE Program which is an interactive, online program for the prevention and treatment of childhood anxiety. The program is free and provides ways to support your child to better cope with their worries.

## The BRAVE PROGRAM.

You can find this program by following this weblink <https://brave4you.psy.uq.edu.au> or by Googling 'The Brave Program'.

I have also attached a visual example of what anxiety for our students can look like. Please do not feel alone if you feel your child is experiencing anxiety. We at All Saints are here to help.



## FROM THE SPORTS COORDINATOR JOANNE WORRALL

### **Out of School Hours Sport**

Registrations for the 2024 winter season are NOW open

The following sports are on offer this year:

Soccer – For all ages

Basketball – For all ages

Netball – Year 2 - 6

AFL Football – Year 2 – 6

AFL Auskick – Year Rec – 2

Surfing – Year 4 - 6

More information about each support can be found [here](#). Please make sure that you reference this information before registering to ensure that times and days of the week are suitable for you.

**Registrations are due back by Friday the 1st of March.**

**PLEASE NOTE:** Registrations returned after this date may not be able to be processed.

Please click on the link below to complete the online registration form.

**[Out of School Hours Sport Registration Form](#)**

If you have any questions, please email Joanne at [jworrall@allsaints.catholic.edu.au](mailto:jworrall@allsaints.catholic.edu.au)



# REMINDERS

## Enrol for 2025!

Enrolments are open for siblings starting in 2025.

For more information and an enrolment pack, please contact [info@allsaints.catholic.edu.au](mailto:info@allsaints.catholic.edu.au)

## IF YOU HAVE ANY SYMPTOMS, PLEASE STAY HOME

Runny noses, coughs, and sneezes are common this time of year. By sending your child to school they are passing these on to others in their class and our teachers. Please keep our community safe and keep your child/ren home when they are unwell.



## ABSENTEES

0418 117 541

Please remember to send an SMS every day that your child is absent from school.

The SMS should include the child's name, class and reason for absence. Please also state if your child will be absent for more than one day.

Any absence of 5 or more consecutive days requires a medical certificate or *Exemption from School Form* (available from the Front Office).

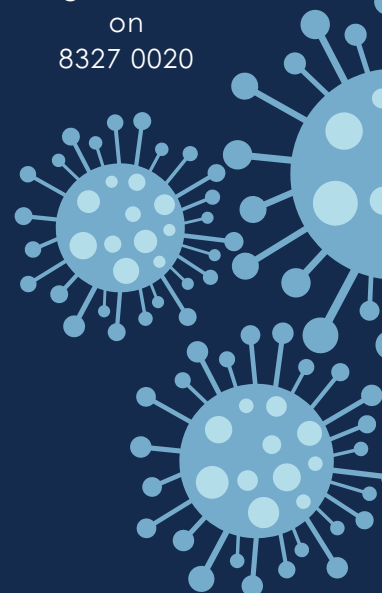
*Thank you!*



## COVID-19

If your child tests positive to COVID-19, please inform the school.

You can do this via email to [info@allsaints.catholic.edu.au](mailto:info@allsaints.catholic.edu.au) or directly to your class teacher on their email OR via SMS: 0418 117 541 OR by calling the Front Office on 8327 0020



Please make sure all your child's uniform is labelled clearly. Any lost items can be found in the Front Office.

## LOST PROPERTY!

