

TERM 1 WEEK 2

NEWSLETTER

All Saints Catholic Primary School



FROM THE ACTING PRINCIPAL

MEGAN LOVERING

Dear Parents, families and friends of All Saints,

Thank you to those of you who were able to join us for our Welcome Mass. It was a lovely celebration. The children have had a calm transition over the last two weeks and all classes are excited for the year ahead.

Open Night

In Week 5, Wednesday 1 March we will be holding an Open Night. Classrooms will be open, and teachers will be present to share with you information about the classrooms. There will be no formal presentation. We invite you to come and look into any room from 5:30 – 6:30pm. All families are welcome.

Student Leadership Presentation and Year 6 Jackets

The Year 6 children who hold leadership positions as well as the newly appointed children's representatives from each class will receive their badges on Friday 3 March at 9am. On this date we will also present our Year 6 children with their jackets. All parents and carers are welcome to join us.

Annual General Meeting

In addition to the above information, our AGM Report will be distributed to families soon reporting on the 2022 school year. Yesterday we sent out a letter regarding School Board Nominations. Being part of the School Board is a rewarding way to represent the school community. Thank you to those of you who have already nominated. Nominations close Wednesday 15 February.

Supervision

This week's important procedure I wish to remind families about is in relation to supervision of the children in the morning and afternoon. Supervision for the children begins from 8:30am. After school, the gates are opened at 3:00pm. A teacher will be on duty with the children until 3:30pm.

Thank you to all families for their continual support.

With every best wish,

Megan Lovering

KIND COURAGEOUS COMM
ND COMPASSIONATE KIND
COMMITTED TO LEARNING



FROM THE APRIM

STEPHANIE CROWE

Beginning of year Mass

On Wednesday we were lucky enough to be joined by our community for the first time in 3 years to celebrate our beginning of year school Mass. It was wonderful to have parents, grandparents, friends, little brothers and sisters join us in welcoming our new children and staff. We listened to Matthew's Gospel, reminding us to shine our light and share the love of Jesus with others. During the Mass the children shared ways they could show some of our values of kindness and compassion. The children in Year 2 extended this by inviting Father Josy to their classrooms, where they shared pre-loved and new books, toys and teddies to be distributed to children in our community. A true sign of kindness and compassion.

ARCH D

Our Year 6 children are being supported by the Catholic Office for Youth and Young adults to produce podcasts. The podcasts once completed will be aired on Arch D radio, Life FM and also available through Spotify and Apple.

The children will have the opportunities to be involved in every facet of the production of a professional FM radio show and podcast. I will keep you informed on some of the topics the children will be talking about and the release dates of the podcasts.

Sacramental Program

The Sacramental Program begins Term 2, June 7 with a parent meeting at St Luke's. If you are interested in your child receiving the Sacraments of Reconciliation, First Communion and Confirmation, please contact me scrowe@allsaints.catholic.edu.au

If you wish for your child to be baptised please contact me.



You're invited

COMMISSIONING MASS

9am at St Lukes
Sunday 19 February



FROM THE SCHOOL COUNSELLOR

CYNTHIA GELDENHUYS

Hello families,

The term is underway and hopefully your child/ren have settled in well. I would like to alert you to an opportunity to complete the excellent, free, Triple P – Positive Parenting Program® supported and funded by the Australian Government.

The Triple P – Positive Parenting Program was developed here in Australia and is now the world's most widely researched parenting program with hundreds of clinical trials and real-world studies to back it up. Triple P is a toolbox of strategies, skills, and knowledge. It can help you create a closer bond with your child as you support their learning, development, life skills and emotional wellbeing. Triple P can work for you too — and it is online!

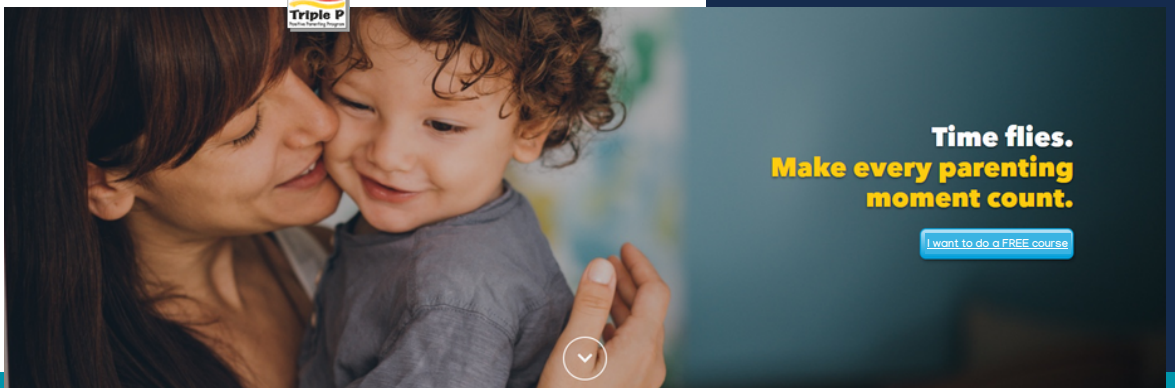
It will help you stay calm under pressure. Strengthen your relationship, fix issues before they become real problems, and positively influence your child's skills and development. The program has eight modules and covers the following topics you can do in your own time:

- Module 1: What is positive parenting
- Module 2: Encouraging behaviour you like
- Module 3: Teaching new skills
- Module 4: Managing misbehaviour
- Module 5: Dealing with disobedience
- Module 6: Planning ahead to prevent problems
- Module 7: Making shopping fun
- Module 8: Raising confident kids

Check it out now and enrol online at www.triple-parenting.net.au

Take care,

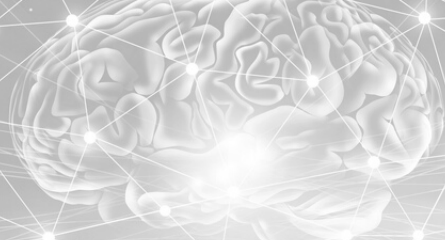
Cynthia Geldenhuys
Wellbeing/Counsellor



**Time flies.
Make every parenting
moment count.**

[I want to do a FREE course](#)





YEAR 6 SUMNER

SELF AWARENESS



This week in 6S

In 6Sumner we have had a busy start to the term. One of the tasks we did was complete the VIA Character Strengths survey. This showed us our strengths and how we can use them to work together throughout the year.

www.viacharacter.org

As an introduction to Art we drew a self-portrait. After sketching our portrait the children had a choice of the medium to colour and add a background to complete our work.

We also, as a part of health and science, looked at the brain. During this time we explored all the different parts and what they do and how they help us function. We also worked in groups to dissect a brain and see if we could find all the different parts.



Every child is an artist Pablo Picasso

School Hours
Start: 8:45am
Finish: 3:05pm

TERM 1, 2023

ALL SAINTS BULLETIN



WEEK 3

WEEK 4

MON	Sorry Day	MON	
TUE		TUE	Shrove Tuesday
WED	Year 6 Mass 9:15am @ SEM	WED	Ash Wednesday
THU		THU	
FRI		FRI	

SUNDAY

Commissioning Mass @ St Lukes
9am

STAY CONNECTED!

SCHOOL STAR

Our text messaging service for all information regarding school news, events and updates.

SEESAW

For all your child's classroom updates and adventures.

EMAIL

Communication updates and a great way to contact your child's teacher. For general enquiries please use info@allsaints.catholic.edu.au

FACEBOOK & INSTAGRAM

Highlights from the week and upcoming celebrations.

FRONT OFFICE

For all urgent calls, please contact the Front Office on 8327 0020

ALL SAINTS CATHOLIC PRIMARY SCHOOL

ARRIVALS & DEPARTURES

Your child's safety is our primary concern.

We are pleased to welcome parents and caregivers back on to school grounds. We remind you to maintain a 1.5m physical distance from other adults and only remain at school for a short period of time.

Morning Supervision begins at 8.30am



The southern gates will remain closed until 8:30am. Entry will be via the Front Office prior to this time. Only children with an accompanying adult are permitted on school grounds prior to 8:30am. Children attending before school training must report to Mr Knauer at the designated area.

Afternoon Supervision ends at 3.30pm



All gates will be opened from 3:00pm. If collecting from the Loop, parents must join the queue, remain in their vehicles, and move forward as pickups occur at the Hall/OSHC end of the Loop spaces.



OSHC must be used if you need to drop your child/ren off prior to 8:30am or pick up later than 3:30pm



PRINCIPAL TOUR

Wednesday
1st March
9:30am

Please contact the Front Office on 8327 0020 to book your place

The poster features a light blue background with a torn paper effect at the top. The text is in a bold, dark blue font. There are several small teal plus signs scattered across the page. On the right side, there is a stylized graphic of a sailboat with a blue and white striped sail and a blue hull, set against a background of blue waves.

PRINCIPAL TOUR

Saturday
4th March
9:30am

Please contact the Front Office on 8327 0020 to book your place

The poster features a light blue background with a torn paper effect at the top. The text is in a bold, dark blue font. There are several small teal plus signs scattered across the page. On the right side, there is a stylized graphic of a sailboat with a blue and white striped sail and a blue hull, set against a background of blue waves.





Did you know we are a nude food school?

At All Saints, we support the Nude Food philosophy which encourages families to reduce waste with an emphasis on less packaging.

WHAT IS NUDE FOOD?

REDUCE

In an effort to reduce plastics, nude food is about opting for fresh food instead of packaged. When it comes to lunch boxes, this means finding creative ways to package fresh food without using single-use plastic snack packs or plastic wrap.

REUSE

A nude lunch box is a sectioned lunch box (bento-box style) with snacks in compartments. Top tip: reusable silicone cupcake cases make great dividers. Avoid single-use plastics such as bags, wrap, plastic straws or bottles. A great substitute for plastic wrap is beeswax wraps.

RECYCLE

Investing in containers of all sizes will support your nude approach to lunch boxes. Don't forget to label them all with names so they return to you!



SEPARATION ANXIETY

WHAT IS IT?

Fear of being separated from significant person in the child's life



HOW TO SUPPORT YOUR CHILD BEFORE SCHOOL STARTS:

1. Read stories
2. Let them bring a transition object
3. Have a drop off routine

Talk with your child in advance about what will happen when you get to school as this will help your child feel safe when they are functioning in a predictable environment e.g. "When we get to school, we will walk to your class and put your schoolbag away. We can read a story or build a puzzle together. After that I will leave, and you will stay with your teacher and friends. I will come back and meet you at your class after school".



- **Following** through with your drop off plan is essential. If you have agreed on reading a story or building a puzzle together, it is time for you to leave when it's done not to start another story or puzzle. If your child has difficulty saying goodbye, let staff know when you are ready to leave, and they can help you say goodbye and redirect your child to an activity.
- **Keep** yourself calm and controlled as this will help your child to stay calm too. A child looks at their parent's reaction to determine the degree of threat. If they see you are clearly upset and emotional they will react that way too.
- **Stay** calm and don't apologise. Rather than saying "I'm sorry, Mummy has to leave now" say "It's time for me to leave now. Have a fun day. I will see you after school".
- **Say** goodbye before you leave: Sometimes when your child is engaged in an activity you may think it wise to slip away without saying goodbye. This is not a good choice. Your child is happy and confident because you are nearby. When they realise you have gone panic may set in. Remember separation anxiety is the fear of being separated from you. To your child you did not leave, you disappeared! This begins the anxiety all over.
- **LEAVE** after you've said goodbye. Do not drag out the goodbye. Leave promptly.

HELP US TO HELP YOU!

If your child is having a tough time when you want to leave let us know. Say goodbye and hand-over your child to us (even through the tears). You handing your child TO us, shows them you trust us rather than us 'taking' your child from you.




ENROL NOW

for

mid year 2023

ALL SAINTS
CATHOLIC PRIMARY SCHOOL
08 8327 0020

Thoughtful Parenting



Do you want to better understand your children's needs?

Do you want to help your child thrive in their development?

Do you want to build on your enjoyment of your child?

Overview

Thoughtful Parenting is an introduction to the learning explored in the Bringing Up Great Kids training. The training offers a friendly and safe environment for parents to learn from each other as they continue their parenting journey.

Thoughtful Parenting is a reflective, mindful, respectful program that provides parents with an opportunity to reflect on their parenting journey. The program is aimed towards parents with children aged 0-3 years of age.

Program Content

The Thoughtful Parenting program supports parents and carers to:

- reflect on parenting today and your own parenting story;
- learn more about brain development in children and its influence on their thoughts, feelings and behaviour;
- identify ways to tune in to your child and balance your expectations with their needs;
- explore differences between siblings and how they influence parenting;
- find ways to enjoy your child.

Dates: Thursday

23rd Feb, 2nd and 9th Mar |

RSVP due: 16th Feb

Time: 1-2:30pm |


Where: Woodcroft

Heights Children's Centre

25 Investigator Drive,
WOODCROFT, SA 5162 |

Contact:


8381 8005 and register your expression of interest.



**The dentist
is coming
to visit!**




Consent forms must
be returned by:

Tuesday 28th of feb 

Please return
your forms to:

Front Office 

The dentist will be
visiting from:

March 6th - 10th 



Australian
Dental
Foundation

Consent forms must be returned to the Front Office by Tuesday 25th February



ABSENTEES



0414 117 541

Please remember to send an SMS every day that your child is absent from school.

The SMS should include the child's name, class and reason for absence. Please also state if your child will be absent for more than one day.

Any absence of 5 or more consecutive days requires a medical certificate or *Exemption from School Form* (available from the Front Office).

Thank you!



IF YOU HAVE ANY SYMPTOMS, PLEASE STAY HOME

Runny noses, coughs, and sneezes are common this time of year. By sending your child to school they are passing these on to others in their class and our teachers. Please keep our community safe and keep your child/ren home when they are unwell.



COVID-19

If your child tests positive to COVID-19, please inform the school so that we may report our current cases and keep our records up to date.

You can do this via email: info@allsaints.catholic.edu.au or directly to your class teacher on their email

OR

SMS: 0418 117 541

OR

Calling the Front Office on 8327 0020

LOST PROPERTY!

Please make sure all your child's uniform is labelled clearly. Any lost items can be found in the Front Office.

